**DGA Safeguarding**

**How to report a Concern**

If something doesn’t feel right, it probably isn’t. Speak to someone.

These are the ways in which you can raise concerns about your experiences

in Gymnastics in our club.

**You can …**

**Speak to the Coach**

Your child’s coach in many instances can help with class/session concerns, speak to them at the end of the session.

You can also speak to the DGA Director of Safety Joy Sumner **07771399747**

**Contact our Club Safeguarding and Wellbeing Officer**

The Safeguarding and Wellbeing officer SIAN BREEZE **07901602961** who is there to support the club in managing and investigating low level concerns that arise within the club where someone might have acted in a way that is not in keeping with our code of conduct and membership rules.

To report a concern please email [safeguardingdga@gmail.com](mailto:safeguardingdga@gmail.com)

**Directly to Welsh Gymnastics (Our Governing Body)**

Concerns can be raised directly to Welsh Gymnastics where they are identified as being more serious or not able to be managed at club level.

You can scan the QR code and fill in the form,



Should you have any questions about safeguarding and wellbeing in Welsh Gymnastics, please contact [safeguarding@welshgymnastics.org](mailto:safeguarding@welshgymnastics.org)

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**3. Urgent / immediate or out of hours concerns**

Where an immediate or serious concern is raised it should be directly reported

to the police on **999** and then notified to Welsh Gymnastics.

Your local authority will also have helplines for raising concerns about children or adults.

Advice out of hours is also available from the NSPCC help line on **08088005000**.

**GYMNASTS – R U OK**

Gymnastics is a chance to have fun, learn skills and be with your friends.

If anyone stops you feeling safe and happy at gymnastics,

you should talk to someone you trust.

​Deeside and Welsh Gymnastics wants everyone to enjoy a fun and positive experience in a safe gym environment.

These are the people you can help you

**An older gymnast or Sports Leader**

**Your COACH or another ADULT you trust**

**Speak or text Joy who is in charge of your safety**

Joy **07771399747** [joysumnerdga@gmail.com](mailto:joysumnerdga@gmail.com)

**Speak or text Sian who is our**

**Safeguarding and Wellbeing Officer**

Sian **07901602961** [safeguardingdga@gmail.com](mailto:safeguardingdga@gmail.com)

**You can also contact Welsh Gymnastics**

Email [safeguarding@welshgymnastics.org](mailto:safeguarding@welshgymnastics.org)

You can scan the QR code and fill in the form



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**You can also contact**

**Child Line** 08001111

NSPCC help line on **08088005000**

Police 999

SPEAK TO SOMEONE

Everyone in Welsh Gymnastics environments must adhere to our [Safeguarding and Wellbeing Policy](https://www.welshgymnastics.org/wp-content/uploads/2024/04/Welsh-Gymnastics-Safeguarding-Policy-2023.pdf).